



TOASTMASTERS INTERNATIONAL NEWSLETTER

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Club News and Events

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Five Tips for Mentors

from the Toastmasters International website.

Mentors play a critical role in our society. Too often, managers may be reluctant to take on this role. **Alex Malley**, chief executive officer of the multinational organization CPA Australia, author of the bestselling book *The Naked CEO* and host of the leadership television series *The Bottom Line* offers five guiding principles to the budding mentor. His insights are as relevant to Toastmasters as they are in the business world.

- **You do not need to know all the answers.** The role of the mentor is to provoke the individual into thinking.
- **Ask the right questions.** Asking considered questions can help encourage the individual to think differently about issues.
- **Avoid over-mentoring.** Don't be part of a stable of mentors or be too accessible.
- **Do not be afraid to share anecdotal advice.** Sharing insights on common experiences and challenges can help build a real bond.
- **Mentoring is not the same as managing.** It's important for a mentor to create a relationship grounded in independence.

Details on each of these tips can be found at:

<https://www.toastmasters.org/Magazine/Articles/Five-Tips-for-Mentors>

Welcome Caroline!

Please welcome new member, Caroline Carl. Caroline is deeply passionate about the environment and sustainability. She is currently the Deputy Director of Hawai'i Energy, the energy conservation and efficiency program for Hawai'i, Honolulu and Maui Counties. In her role she oversees the design and implementation of new innovative programs to help achieve lasting energy savings. Prior to joining Hawai'i Energy, Caroline worked at The Kohala Center on Hawai'i Island where she oversaw the ReefTeach and Citizen Science Water Quality Monitoring program at Kahalu'u Bav in Kailua-Kona.

Caroline holds a B.A. in Environment and Development from McGill University and a M.S. in Geographic Information Science and Technology from the University of Southern California. In her spare time she enjoys running and yoga and loves spending time with her husband and little girl, Delaney, who is three. She joined Toastmasters as part of her ongoing journey to grow her communication and leadership skills.



We're Having Another Open House

Our last Open House was a great success, so we're planning another for March 14th with the theme, "Spring Renewal." It will coincide with a Membership Campaign co-chaired by Rebecka Arbin and Dean Masai.

You can get credit toward your Competent Leadership award by volunteering to assist Rebecka and Dean (Project 6), chair the Open House (Project 10) or help organize the event (Project 6).

Speaking of the Competent Leadership Award

Most people remember to bring their CC manual when they give a speech, but we all often forget to bring our CL manuals when we're performing one of the supporting meeting roles. You can't get credit if you don't get evaluated and it's hard to get evaluated if you don't have your manual handy.

Why not make a habit of ALWAYS bringing your CL manual? You never know when you'll need to step up unexpectedly!