



TOASTMASTERS INTERNATIONAL NEWSLETTER

Editor:
Liz Corbin

Club News and Events

Club No. 828338 DBEDT for Business

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Making the Most of Toastmasters

Preparing for a Speech, from the Toastmasters International website

Preparing for a speech is one of the best ways to ensure you give an effective presentation. Try these tips to help you properly prepare:

- **Organize your speech** in a logical sequence: opening, main points, summary.
- **Practice and rehearse** a speech frequently prior to delivering it. Ask friends to be your audience, or practice in front of a mirror. Be sure to use a timer to help you pace your speech.
- **Become familiar with the stage** or the setting where the speech will take place. Get a sense of the size of the stage, where any steps or obstacles might be, and where to enter and exit.
- **Choose comfortable clothes to wear**, but always maintain a professional appearance.
- **Visual aids** should fit a speech, whether they are funny, serious or technical. The main goal of visual aids is to help the audience understand what is being said, and reinforce the points of a speech in unique and interesting ways.

Meet Our Newest Member

My name is Joseph Omura, although my friends call me Joe. I've started my final career (I hope), with New York Life Insurance as an Agent. With the passing of my dad, a decade ago, and my mentor last year, I realize now that I would like to help people be ready for the last part of their lives, financially, and not catch their loved ones "holding the bag" on money issues and time issues. So my reason for being with New York Life Insurance is their Long Term Care Program.



I would like to present seminars on Long Term Care that will be short, concise, to the point, and able to move people to take action in enrolling. I am also finding that this also means for me to learn about Social Security, Medicare, Medicaid, retirement, most of which is more voluntary than paid. This is why I have joined Toastmasters, to learn how to talk in front of large groups, and also to improve on my one on one communication. My hobbies are music - rock and roll 50's, 60's, 70's, & 80's, and singing and dancing like Michael Jackson (or trying). I also like jogging, and going to the movies to see science fiction adventure movies, and cartoon adventure movies.

Officer Training on July 16

Everyone is Invited

Toastmasters Officers and Membership Training is a great opportunity to ramp up your Toastmasters experience, learn, refresh, and make new friends. **Trained club officers and members are the best predictor of club success, member retention and happy members.**

Date: Saturday, July 16

Time: 8:00 am – 12:45 pm

Place: Shidler Business School, Business Admin Bldg., UH Manoa

Parking: Along Maile Way, \$6 at the entrance kiosk

The program will include District Leader Induction. Don't miss the fun, networking, quality learning experience and chances to win some prizes. Refreshments will be served.

Registration (**FREE**) required: <https://www.eventbrite.com/e/district-49-leadership-induction-club-officer-membership-training-july-16-2016-tickets-25924546015>